

iN2L PLAYBOOK



**Help for a winning experience
with iN2L.**



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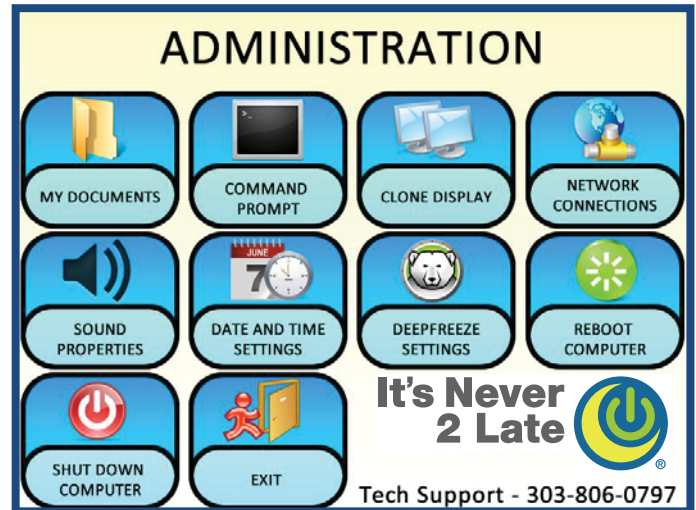
ADMINISTRATIVE TIPS

HOW TO TURN THE SYSTEM OFF PROPERLY

- To turn the system off, press F1, then select SHUTDOWN COMPUTER
- For Touchscreen monitors, use caution when unplugging the system from the wall. Make sure the computer is powered down completely (indicated when power light turns off)

F1 KEY

- When you press **F1** on the top of the keyboard, the following ADMINISTRATION screen will be displayed. You can reboot/shutdown the system or access your saved documents from this screen.



CONTENT UPDATES

- Your system will be updated with new content every other month, provided that it is connected to the internet. New content will be identified on your system with the word "New!" in the upper right-hand corner of a button. You will also be notified via email by iN2L that new content is available.

TECHNICAL SUPPORT

Before you call iN2L (number also located on the mouse pad):

- Always reboot first! Press **F1** to access the administration screen.
- Make sure the computer is plugged in and the surge protector is powered on.
- Technical Support: 303-806-0797 option 2
MONDAY - FRIDAY 7AM - 5PM MST
SATURDAY - SUNDAY 8AM - 5PM MST

TRAINING

For additional training and updated webinar information, visit www.in2lonline.com/trainingcatalog

HIPAA

“The data created by a customer using the iN2L system may constitute protected health information as defined by the Health Insurance Portability and Accountability Act of 1996 (“HIPAA”). As such, it shall be the responsibility of the customer – and not iN2L – to ensure that appropriate safeguards are in place to ensure the confidentiality, availability and integrity of the information stored on the customer’s information systems, including any hardware purchased from iN2L, as required by HIPAA.”

APOLLO INTERFACE

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CONTENT KEY



**INTERNET
REQUIRED**



VIDEO



GAME



INTERNET GAME



SLIDESHOW



**PANORAMIC
PICTURE**



DOCUMENT



ROTATING CONTENT



PUZZLE



LIVE WEBCAM



PICTURE(S)

NEW! 

NEW CONTENT

CREATE A PUZZLE

TURN ANY PICTURE INTO A JIGSAW PUZZLE

CHOOSE A PICTURE

- Take a picture from a digital camera (download using USB cord or SD memory card)
- Take a picture from the application in your computer (Games & Puzzles > Puzzles>Take a Picture/Video)
- Save a picture from the internet or email

REMEMBER: Any pictures you save need to go in your **MY DOCUMENTS** folder!

MAKE A PUZZLE

1. Access the program (Games and Puzzles > Puzzles > Make a Puzzle)
2. Select: **CREATE A PUZZLE** (bottom of page)
3. Open an image file: **BROWSE**
4. Find your picture! (Remember: it is save in the MY DOCUMENTS folder)
5. Select: **FOR A GIFT**
6. Choose the number of pieces
7. Select **NON-ROTATE** (this orients the pieces in the same direction)
8. Select: **SAVE** (bottom of page)
9. Find your puzzle (saved in your DOCUMENTS folder) and **PLAY STAND ALONE**



USING THE WEB CAM TO MAKE VIDEO CALLS

CREATE AN ACCOUNT

1. Open Skype: **INTERNET > SKYPE**
2. Select **DON'T HAVE A SKYPE NAME?**
3. Enter all information- choose a Skype Name you can remember (consider a generic name, i.e. the name of your community so family members can easily find your Skype Name)

ADDING CONTACTS

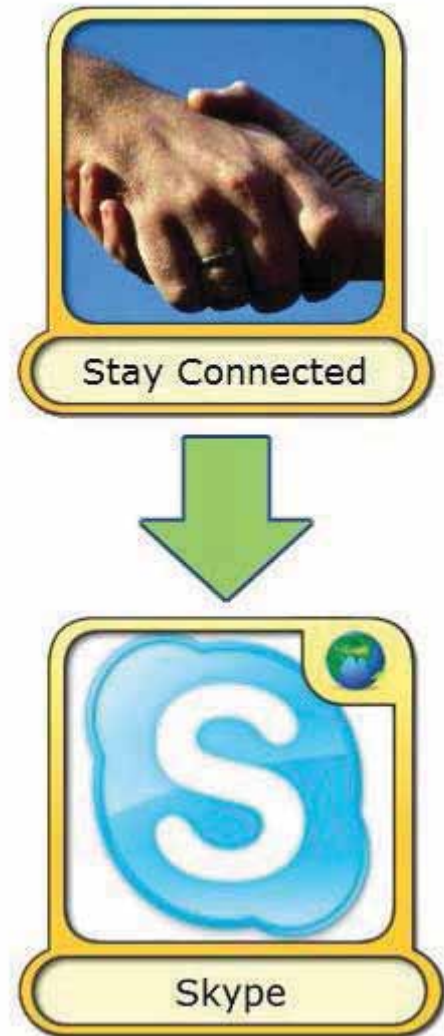
1. Once signed in, select **CONTACT > ADD A CONTACT**
2. Enter the email and/or full name of the person you want to add
3. Once that person is located, select **ADD**- this sends a request to that person
4. The contact will be added to your contact list, but will appear offline until they accept your request

MAKING A CALL

1. In your contacts list, locate the person you want to call
2. If they are online and available, a green icon will be displayed next to their name
3. In the calling area, select **VIDEO CALL** and your call will begin when the person you are calling answers
4. **NOTE:** View the video in full screen by selecting full screen near the top of the page

MICROPHONE

This microphone, in the shape of a telephone, is perfect for those using Skype to video chat. Instead of using the built-in microphone on the computer, plug the microphone into a USB port so the resident can have a private conversation using an object they are more familiar with!



iN2L PRINT

This website allows you to print several types of documents found in the content from **any computer** connected to the Internet and a printer.

HOW TO ACCESS iN2L PRINT

- Set up an iN2L user button through **MY PAGE**
- Go to www.in2lprint.com
- Log in with the email and password associated with the user account (i.e. email: bob.smith@in2lmail.com, password: 8 CHARACTER PERSONAL PASSWORD)



WHAT YOU WILL FIND ON iN2L PRINT

➤ **MARKETING DOCUMENTS**

One-page documents that provide an overview of iN2L- great for family members!

➤ **ACTIVITY DOCUMENTS**

Activity Guides, Brain Aerobics, Holiday Content, Hymn Book Lyrics, and Print to Paint Images (Line drawings designed specifically with our customers' needs in mind. Print these drawings without the worry of copyright violations for use in hands-on art projects.)

➤ **iN2L TRAINING DOCUMENTS**

iN2L Playbook and Therapy Playbook

➤ **STAFF TOOLS AND EDUCATION DOCUMENTS**

Care Services Training, MDS Cue Cards, Peer Mentoring Training

PERSONALIZATION

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My iN2L 16

My Story 17

My Video 18

iN2L Mail 19

iN2L for Families 20

SET UP USERS

- You must be online to create user buttons and it has to be done through the **ADMIN** profile (you can also edit or delete a user button in the **ADMIN** profile)
1. My Page > Admin > Set Up Users (Password: **1234-THE FIRST TIME YOU LOGIN**)
 - a. **YOU WILL BE PROMPTED TO CREATE A NEW ADMIN PASSWORD BEFORE YOU CAN BEGIN USING MYPAGE**
 - **THE PASSWORD MUST BE EIGHT CHARACTERS LONG AND INCLUDE ONE CAPITAL AND ONE NUMERAL**
 2. Once you have created your personal password, you may proceed to created users
 3. Select: **ADD** (upper right corner)
 4. Enter following information:
 - a. First/Last Name and Screen Name (name that will appear ON the user button)
 - b. Password- choose something easy to remember(**must follow the same PW requirements as the admin password above**) OR you can select **AUTO LOGIN** so a password will not be required when a user logs into their profile
 - c. Email Address- by default the email address will be firstname.lastname@in2lmail.com (will prompt you to create a different email address if the name is already in use)
 5. Select **BROWSE** to choose a photo (Remember: photos are saved in the **MY DOCUMENTS** folder- you can always add later by selecting **EDIT** in the user profile)
 6. **SAVE** the profile
 7. Go back to **USERS** and select **SAVE ALL**. In 30 minutes or less, the button will appear
 - a. To **DELETE** a USER: My Page > Admin > Set Up Users (Enter Password). Select the user account you wish to delete, then select **EDIT** (upper right corner) > **DELETE**

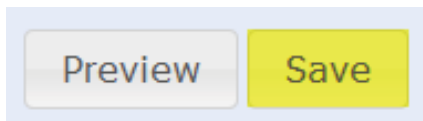


CUSTOMIZE USER BUTTONS

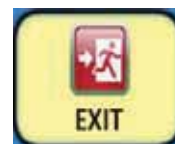
- The **MY iN2L** interface allows you to link existing iN2L content, documents or favorite websites to a user button
- Before you can access **MY iN2L** to customize a user button, you must first **SET UP** the user and you must be online
- You access **MY iN2L** from existing user buttons (ex: Mary Moose, see image to the right)

1. Select any **ADD CONTENT** button to add up to 14 programs behind the user button
 - a. **BROWSE FOR CONTENT**- select from the content loaded on your iN2L system (also includes: EMAIL, INTERNET, WEB FAVORITES, MY PICTURES, MY CALENDAR, and MY DOCUMENTS)
 - i. Select entire sections (ex: Games & Puzzles) or specific programs (ex: Chicktionary)
 - b. **ADD A WEB LINK**- enter web address for favorite sites (ex: www.google.com, www.facebook.com)
 - c. **MY STORY CONTENT**- add a MY STORY button, then create the story or save it for later
 - d. **MY GAMES** and **MY THERAPY**- these buttons serve as folders or layers where you can store up to 15 more programs under each section

2. **Note:** Changes made to **MY PICTURES** and **MY STORY** must be made through **MY iN2L**, rather than through the user button (ex: to add to MY PICTURES, first select MY iN2L under the user button, then upload pictures)



3. When finished, select **SAVE**



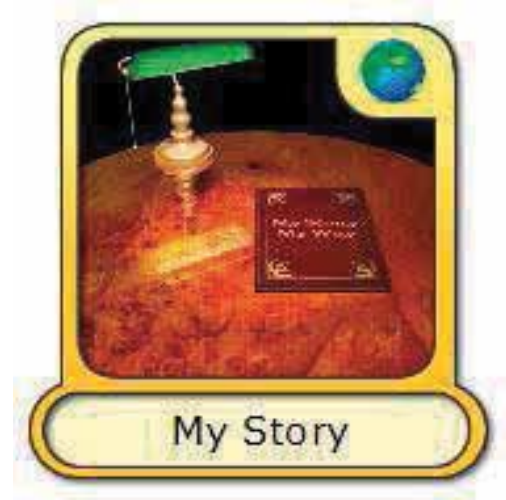
4. Then, **EXIT**. In 30 minutes or less, the buttons will appear.



MY STORY provides a snapshot of each resident so community staff can provide the best possible care. The automated program allows users to choose from pre-established questions that help paint a picture of the person, their family, the things that are important to them, and the way they like to be cared for (**MY WAY**).

Users can:

- Answer as many or as few of the pre-established questions as they wish
- View the story behind the individual user button



1. **MY PAGE** > Select the **USER BUTTON** (Who would you like to create a MY STORY for?)
2. Select the user's **MY iN2L** (If you have already added the MY STORY to the user button, select MY STORY to edit)
3. Select **ADD CONTENT**, then select **ADD MY STORY CONTENT**
4. Select **BUILD MY STORY** (OK to Copyright Notice)
5. Select section, then chapter
 - a. **MY STORY** (Who am I?), **MY WAY** (How I want to be cared for)
6. Select question user would like to answer, then insert text in ANSWER TEXT, then **SAVE CHANGES**
7. OPTIONAL CUSTOMIZATIONS
 - a. Change Background Music: Select **CHANGE BACKGROUND MUSIC** on the **MY STORY** (towards top right)
 - b. Upload Custom Picture: Once you **SAVE CHANGES** to a question, you have the option to BROWSE > SELECT PICTURE FROM YOUR FILES > SAVE
8. Return to **MAIN MENU** to view my story

MY VIDEO

UPLOAD VIDEOS TO INDIVIDUAL USER BUTTONS

- The **MY VIDEO** application allows you to upload up to 12 minutes of videos to a person's user button
- Before you can access **MY VIDEO**, you must first **SET UP** the user and you must be online (see instructions for **MY PAGE** to set up a user)



TO ADD VIDEOS, FOLLOW THE STEPS BELOW:

1. **MY PAGE** > Select the **USER BUTTON** (Who would you like to add videos for?)
2. Select the user's **MY iN2L** (If you have already added the MY VIDEOS to the user button, select MY VIDEO to edit)
3. Select **ADD CONTENT**, then select **MY VIDEOS**

4. Select **OPEN MY VIDEOS**



5. To **ADD** a **VIDEO**, click on the **green** plus sign →→→
 - a. Fill in both the Title and Description Boxes
 - b. Click on
 - c. Browse for the video you would like to upload, choose either or both of the options below and then click **SAVE**

Automatically open to this video

Automatically open in full screen

6. You can add up to 12 minutes of video. Once your video total exceeds 12 minutes you will be required to delete videos until there is room for your new video.
7. Use the arrows on the right to move between videos for viewing.



8. To **DELETE** a **VIDEO**, click on the **red** minus sign



FIRST THINGS FIRST!

- An email address is created when the user is initially **SET UP** on the system (see **MY PAGE > ADMIN > SET UP USERS**)
- The email address contains the user's first name and last name (ex: bob.smith@in2lmail.com)
- To add an email button to a user's page see **MY iN2L > CUSTOMIZE USER BUTTONS**



CHECK EMAIL

1. If there are unread messages, a number will appear next to the word **INBOX**
2. Messages that have not been opened display a closed envelope image
3. Once the message is opened, you can print, open attachments (at bottom), reply, forward or delete
4. To return to the **INBOX**, use the toolbar above the message

WRITE EMAIL

1. Select **WRITE EMAIL**
2. Enter recipient's email address in first blank box or select from address book below (you can send the same email to multiple recipients), then select **NEXT**
3. Type a subject and email message, then select **SEND**

MANAGE ATTACHMENTS

- You have the option of attaching files from four different locations:
 1. **UPLOAD A FILE FROM THIS COMPUTER**- select files saved to the computer's **MY DOCUMENTS** folder (to select more than one file, hold the "CTRL" button and choose the file(s))
 2. **AUDIO MESSAGE**- press the red button to record an audio message (and **ALLOW** on the Adobe Flash Player pop-up) that attaches to the email as a .wav file
 3. **DOCUMENTS**- select files saved to the user's **MY DOCUMENTS** folder (located in their **MY PAGE** button)
 4. **PHOTO ALBUM**- select files saved to the user's **MY PICTURES** folder (located in their **MY PAGE** button)

iN2L FOR FAMILIES

- The **myiN2L** interface allows you to link existing iN2L content, documents or favorite websites to a user button
- You can customize a user button from ANY computer with an Internet connection, but before you can do this, you must first create the user page (**See: MY PAGE**)
- You access **myiN2L** by visiting www.myiN2L.com and entering the following information provided by the community (the username is the user's iN2L email address, example: bob.smith@in2lmail.com):

Username:
Password:

Note: if you have trouble logging in, please contact the point person at the community (the person that provided the log in information)

1. Select any **ADD CONTENT** button to add up to 14 programs behind the user button
2. When finished, you can **PREVIEW** to see how the content will appear behind the user's button.
3. Then select **I'M DONE** (this will take you back to the log in screen). In 30 minutes or less, the content will appear under the user's button on the iN2L computer at the community.

Upload the **My PICTURES** or **My VIDEO** button and add your family photos/videos from a recent family event!

Add the **MY STORY** button and fill in the blanks to share milestones and help staff understand the user's preferences.

Choose from existing iN2L content based on a user's favorite programs

TIPS ON GETTING STARTED

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General - Memory Care Activity Guide 28

General - Group Activity Guide 31

The ideas/goals listed below demonstrate iN2L's cost-effectiveness and determine how iN2L is meeting your community's needs. *You can start by choosing one from each.*

STAFF

- *iN2L core team scheduled meetings (10 min.) to discuss iN2L successes/challenges
- *Weekly "mini-lessons" open to all staff
- *iN2L demonstrated in staff orientations so all staff are familiar
- *iN2L schedule implemented (shared calendar? Who gets it when?)
- *Staff Contests! (Quiz on content location- i.e. where are the flamingos?)

FAMILY

- *Goal: Increase in number of Skype family interactions in six month period
- *Family council/family open house (showcase features of iN2L)
- *Use iN2L during care conferences (Skype)

RESIDENT

- *Resident ambassadors chosen to help introduce the system
- *Goal: x number of My Stories created within a six month period
- *Goal: x number of My Page user buttons set up each month

MARKETING

- *Train designated marketing person on iN2L (brief overview)
- *Highlight iN2L during tours
- *Use iN2L flyer in marketing/admission packet
- *Create a generic user on iN2L system that can be showcased

NEXT STEPS

THERAPY

- *Therapy staff participates in iN2L rehab specific training session (live on site during treatment or via web)
- *Goal: Therapy content usage by each therapist/month at least x time per/week (ex: 3x's)
- *Goal: Invite family members into treatment session via Skype at least x times/week (ex: 2x's)
- *Using snapshot feature within the Balance and Posture camera application to capture before and after progress
- *Create therapy specific buttons behind an individual user button
- *Use iN2L as a means of driving rehab utilization with payer source (ex: increasing MCB from 45-60 mins/tx session)

OTHER IDEAS

- *Create a goal for overall usage hours, as well as the type of content
- *Implement an intergenerational program (market to local schools)
- *Submit press release article to local newspaper
- *Name your system rather than referring to it as "iN2L"! (i.e. Lucy, C.O.W)
- *Fundraiser ideas for additional systems! (Casino night, karaoke contest)
- *Additional ideas for goal based outcomes: fall prevention, behavior prevention/management, wellness approach (holistic model to address physical, social, spiritual, cognitive, and emotional needs)

ACTIVITY GUIDE: ONE-TO-ONE ACTIVITIES

Content	Location	Description and Activity Ideas	Internet required
Green Activities: Activities for Everyone; Basic Skill Levels			
Challenges	Health & Wellness – Brain Fitness	Exercise your brain by categorizing objects, identifying sounds, and much more!	NO
iN2L Paint	Games & Puzzles – Music & Art	This interface turns the touchscreen into a blank canvas. Click the apple icon on right side for line drawing options. Select a simple object to use for a still life drawing; create Valentines or greeting cards to give to family or friends.	NO
Google Earth Virtual Globe	Travel	Type in an address or location and see an aerial map image—zoom in with the yellow “Street view” Man and take a walk down memory lane! Use with <i>Guided Tours</i> to explore foreign lands, or visit a place that is special, like a childhood home.	YES
Guided Tours	Travel	Travel all around the globe without ever leaving your chair! Use Panoramics or <i>Google Earth</i> to enhance the trip!	NO
Happy Neuron	Health & Wellness – Brain Fitness	Stretch your residents’ working and visual memory with these brain teasers! Each game has nine difficulty levels. Start on Level 1 and advance when you're ready. <i>Catch The Ladybug, Secret Files, and Entangled Figures</i> are great for this!	NO
Audiobooks	Lifelong Learning	Choose between two Short Story Collections and 8 Chapter books. Find background information on the authors, and print the text of the stories on iN2Lprint.com so residents can read along.	NO
Matching	Games & Puzzles— Matching Games	Take turns picking matching cards until the game is finished.	YES

ACTIVITY GUIDE: ONE-TO-ONE ACTIVITIES

Memory Bio	History – Reminisce	Use the visual cues and questions to spark reminiscent conversations. Have a physical object to hold while looking at the visual clues. Use the video camera to record these memories for family members.	NO
News Room	Stay Connected	Residents can get caught up on the latest reports, perhaps even look up their local paper using <i>Newseum!</i> Caregivers and residents can take turns reading articles to each other and talking about them.	YES
Penny Postcards	Travel	Search for your State and County to see a collection of vintage postcards. Discuss how places have changed or stayed the same over the years.	YES
Puzzles	Games & Puzzles	Choose your favorite category, customize your difficulty level, or even create your own puzzle! Use pictures of grandchildren, children, pets, or friends to make puzzles!	NO
Skype	Stay Connected	Schedule a web video chat with your residents' loved ones, local schools (maybe for a history lesson or art project), or with one of the iN2L staff! Plug the telephone accessory into a USB port for additional privacy.	YES
Pastimes	Reminisce	These short experiential videos let your residents enjoy daily activities, like baking a pie or playing with dogs.	NO

ACTIVITY GUIDE: ONE-TO-ONE ACTIVITIES

Blue Activities: Activities for Moderate to Advanced Skill Levels			
Online Learning	Lifelong Learning	Learn about your world with fascinating lectures by experts in TED Talks or short lessons developed by educators in TED ED.	YES
Geography	Games & Puzzles	Test your knowledge of countries, states, provinces, and territories! Print off a map of the area you are working on, having residents find the location on the paper first, and then on the game.	NO
Mahjong	Games & Puzzles – Card & Board	Clear the board by selecting tiles with identical images. Only tiles with free edges can be selected! (Think dominoes...)	NO
Sudoku	Games & Puzzles – Strategy Games	Make sure every row, column, and box has a sequence of 1-9, using each digit only once!	NO
Towers of Hanoi	Games & Puzzles – Happy Neuron – Executive Functions	Move the stones one at a time to match the new pattern. Each game has nine difficulty levels. Start on Level 1 and advance when you're ready!	NO
Split Words	Games & Puzzles—Happy Neuron	Guess which syllables go together to form words with a common theme. Start with the easy levels and work your way up!	NO

ACTIVITY GUIDE: MEMORY CARE

Content	Location	Description and Activity Ideas	Internet required
Aquarium	Health & Wellness- Sensory	Watch the fish swim around the tank! Press the letter F to feed the fish in the tank.	NO
Bubble Popper	Games & Puzzles- Strategy & Target	Exercise your brain and body with this simple touchscreen game.	NO
Commercials	Music, TV, & Films- Classic TV	Reminisce with these collections of vintage commercials - from Barbie to Battleship, Band-Aids to classic cars!	NO
Common Sayings	Health & Wellness- Brain Fitness- Challenges	Finishing famous sayings or proverbs can be a fun activity. Using well-worn adages that are deeply embedded in memory makes it easier, while less common phrases can be more challenging (and fun) for those in the earlier stages of the disease.	NO
Guided Tours	Travel	Travel around the globe without ever leaving your chair! Use Panoramics and Google Earth to enhance the trip.	NO (Google Earth- YES)
Hymn Books	Spiritual	Recollections and Reflections offer dozens of traditional hymns complemented by vocals and lyrics.	NO
Conductorcise	Health & Wellness- Physical Fitness	Exercise by conducting to favorite classical songs! Add streamers to engage more senses.	NO
Pastimes	Reminisce	These short experiential videos let your residents enjoy daily activities, like baking a pie or playing with dogs.	NO

ACTIVITY GUIDE: MEMORY CARE

Lagoon	Health & Wellness- Sensory	Unique touch screen experience to not only calm and soothe, but will also stimulate the senses.	NO
Memory Bio	Reminisce	Use these slideshows to help spark memories and discussion of childhood, travel, holidays, and so much more. Pass around props while using the slideshows - toy trucks, dolls, suitcases, etc.	NO
Movies	Music, TV, & Films	Four classic rotating films. Catch up with some of your old favorites!	NO
Newsroom	Stay Connected	Explore this day in history, browse good news, learn about the weather, health, space and more. Try reading the Dear Abby section and see what your residents would offer as advice to others.	YES
TimeSlips	Games & Puzzles- Creative Arts	By removing the pressure to remember, the creative story telling program inspires people with memory loss to share the gift of their imaginations.	YES
Therapeutic Music	Music, TV- & Films	Several different playlists to choose from, with specific purposes in mind! Dining, sun downing, activities, and more!	YES
Puzzles	Games & Puzzles	Choose from hundreds of puzzles or create your own. Choose as few as four pieces to 49 pieces.	NO
What Did It Cost?	Reminisce	Spark conversation and recall memories with this fun trivia game about the cost of things like automobiles and appliances through the years.	NO
Relaxation	Health & Wellness- Sensory	Sit back and relax to soothing scenes and calming music.	NO
Slideshows	Health & Wellness-Sensory	With so many to choose from, you can create an individualized activity experience for anyone!	NO

ACTIVITY GUIDE: MEMORY CARE

Laughter	Health & Wellness	From giggling babies to frolicking animals, these funny videos will surely brighten your residents' day!	YES
Jackson Pollock	Games and Puzzles- Creative Arts	Create your own Jackson Pollock style artwork with this unique touchscreen experience by simply using your finger to create splatter paintings.	YES

ACTIVITY GUIDE: GROUP ACTIVITIES

Content	Location	Description and Activity Ideas	Internet required
Green Activities: Activities for Everyone; Basic Skill Levels			
Commercials	Music, TV & Films – Classic TV	Reminisce with these collections of vintage commercials - from Barbie to Battleship, Band-Aids to classic cars! Use the Internet Quick Search to look up pictures of residents' first cars, for example, and then invite every resident in the group to share memories of that car.	NO
Crosswords	Games & Puzzles – Word Games	Guess the words based on the clues given - a new theme for the puzzles every week. Put residents into groups and let them work together to solve it. Each group can take turns solving clues.	YES
For a Good Cause	Games & Puzzles – Word Games	Work together as a group to donate rice to an impoverished country. Several different categories to choose from. Within each category, you can change the difficulty level. Create a login username and password and track how much rice is donated over one month, six months, or a year.	YES
Google Earth	Travel	Type in an address or location and see an aerial map image - zoom in (with the yellow street view man) and take a closer look at the location! Explore foreign lands, or have each person select a place that is important to them, and do a show and tell for other residents.	YES
Guided Tours	Travel	Travel around the globe without ever leaving your chair! Use Panoramics and Google Earth to enhance the trip.	NO
Classic Radio	Music, TV & Films – Classic Radio	Take a trip down memory lane with these classic radio shows. Turn this into a reminiscing activity by discussing the resident's favorite radio programs.	NO

ACTIVITY GUIDE: GROUP ACTIVITIES

Happy Neuron	Health & Wellness – Brain Fitness	Stretch your residents' working and visual memory with these brain teasers! Each game has nine difficulty levels. Start on Level 1 and advance when you feel the group is ready. Sleight of Hands, Split Words and The Squeaking Mouse are good group games.	NO
Holidays	Staff Tools – Activities	Games, crafts, jokes, trivia, recipes - all sorts of ideas for each of the major holidays on your calendar!	NO
Hymn Book	Spiritual	Sing along with these popular spiritual songs. Print the verses of the hymns with the Printable Book button!	NO
Sing With Susie Q	Music, TV, & Films	Warm up those vocal cords! Select a song from Susie's collection, and sing along with music!	NO
Live Webcams	Travel	Access webcams from all over the world! Visit your favorite animals and places. Use the Internet Quick Search to find more information about each animal.	YES
Memory Bio	Reminisce	Use these slideshows to help spark memories and discussion of childhood, travel, holidays, and so much more. Pass around props while using the slideshows - toy trucks, dolls, suitcases, etc.	NO
Bingo	Games & Puzzles	Let the iN2L system call out the Bingo numbers while you help the residents that need a little more help. This is also a great program to use on the weekends when you might not have the staff to call Bingo.	NO
Words of Hope	Spiritual	A variety of inspirational messages to listen to and discuss later - perhaps as a full group or a smaller Bible study. This might be complemented by selections from content in the Spiritual button.	NO
Today in History	Veterans & History	Visit our Today in History button to see what events happened on this day. This is a great addition to any current events programming	YES

ACTIVITY GUIDE: GROUP ACTIVITIES

Blue Activities: Activities for Moderate to Advanced Skill Levels			
Brain Aerobics	Health & Wellness – Brain Fitness	Perfect for planned or last minute activities - trivia, read and discuss, reminiscing, etc. Create an answer bank from the answers listed at the bottom of the page.	YES
Chicktionary	Games & Puzzles – Word Games	Create as many words as you can with only 7 letters at a time - remember you can use both keyboards! Residents can take turns volunteering words. Keep entering words, even if the correct spots in the egg crate are filled in - you can advance with lots of 3-letter words if need be! Don't forget the "cheats" on the right side if you get stuck!	NO
Geography	Games & Puzzles	Identify states, provinces, countries and territories around the globe! Print off a map of the area you are working on, having residents find it on the paper first, then find it in the game.	NO
Music Trivia	Health & Wellness – Music Therapy	Try and guess the Artist or Song Title, with several different genres to choose from.	YES
Ted Talks	Lifelong Learning	These talks are great for residents that want to continue to learn new things, and can lead to great discussions. Use the search feature to find talks on hundreds of topics.	YES
T.V. Games	Games & Puzzles –	Bring Family Feud, Who Wants to be a Millionaire, and Price is Right to your community. Team up as a group to beat your best score, or create teams to have a fun completion. This is a great way to get care staff involved in the fun.	NO
State Trivia	Travel	Test your knowledge of your state's motto, animal, flower, and so much more!	NO
iN2L Paint	Games & Puzzles—Creative Arts	Have residents use the Paint program to play a simple version of Pictionary. In groups, have residents select the names of objects and then draw them, while other groups guess.	NO

ALL THE EXTRAS

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BIKE AND JOYSTICK

GAMES & PUZZLES > FLYING & CYCLING

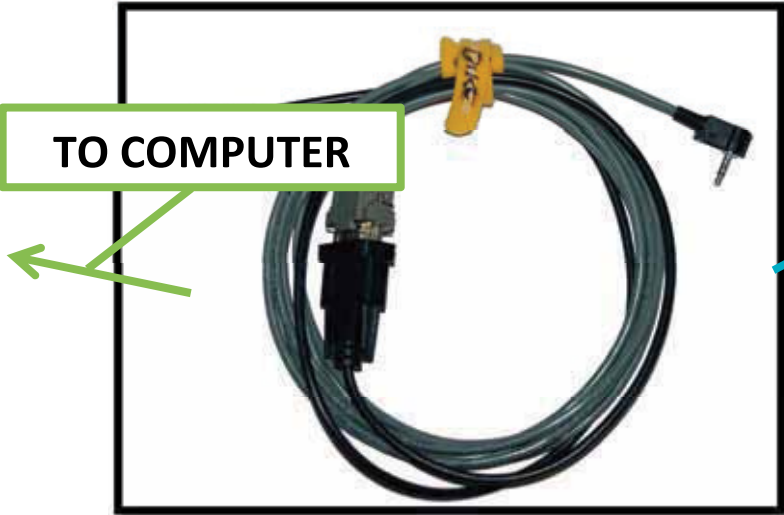
NOSE OF PLANE



CHANGES VIEW (#2)

BRAKES

GAS/THROTTLE



TO COMPUTER

TO BIKE

FLIGHT SIMULATOR

You have two options when using your flight simulator: you may choose **FREE FLIGHT** or **MISSIONS** from the left side of the main screen.

- **FREE FLIGHT** allows the pilot to choose the aircraft, location, weather, and time of day. You may change any of these options by pressing the “change” button below the option you would like to change. By clicking on Flight Planner, the pilot is able to choose a departure and arrival airport.
- The **MISSIONS** option allows the pilot to be trained on the different aspects of flying a plane and then complete specific tasks that a pilot would encounter.

FREE FLIGHT

If a flight plan is not created the simulator will start with the plane in the air, and the pilot will be able to tour the area. If a flight plan is created, the simulator will start with the plane on the runway and the pilot will need to follow the plan in order to arrive at the destination. It is recommended that a pilot complete all of the tutorials in the **MISSIONS** section of the simulator before attempting a **FREE FLIGHT** with a flight plan.

MISSIONS

MISSIONS are a great way to learn how to use the game. The tutorials will take a pilot step-by-step from taxiing the plane, through landing at a destination.

Choose the mission that you would like to complete. A brief description of the mission will appear in the box in the bottom left corner of the screen. When you are ready to begin, select **GO TO BRIEFING** in the bottom left corner.

CONTROLS

- To increase speed, push the wheel on the front of the joystick up. To decrease speed, push the wheel down.
- Press the . (period) button to release the parking break
- To change views press the button labeled 2, on the top left of the joystick handle
- Press the Shift + F10 key to access your flight plan and messages during a flight.
- Press the button labeled 10 on the left side of the joystick or the “G” button on the keyboard to raise and lower landing gear
- Press the “P” button on the keyboard to pause the simulator at any time

CONNECTING TO A TV

**You will need:
HDMI cable**



**1. Connect one end
to the computer**



**2. Connect the
other end to an
HDMI port on a TV**

MUSIC MAKER

The **MUSIC MAKER** is an innovative music entertainment product that enables people of all skill levels to have fun creating and playing music. By breaking the path of each laser beam, the Music Maker will unleash the musician in anyone!

Plug the Music Maker into your iN2L computer using the USB cord. Then, open the program through **GAMES & PUZZLES > MUSIC & ART > MUSIC MAKER** or **MUSIC, TV & FILMS > MUSIC MAKER**.



TO PLAY A SONG

First, select **SONG LIST**. Then you can choose an individual song by selecting **A-Z** or view **GENRE** categories to make your selection.

To begin playing a song, select the red **START/STOP** button and the background music will begin! To end a song, select the **START/STOP** button once again.

CONTROLLER

- Follow the instructions on the screen under each instrument (i.e. DRAW HAND IN & OUT) to begin the interactive accompaniment or simply move your hands up and down in the air on each side of the controller to create your instrumental experience.
- There are up to three sets of instruments for each song. To change views, select **PAGE UP** or **PAGE DOWN** to toggle between the three sets.



KARAOKE MODE

There are several songs on the system that play in Karaoke mode. If you have selected a song with karaoke, you will see a small pop-up window on the bottom left of the screen. If you choose, you may click on the square to pull up full-screen mode and then the words are displayed karaoke style. While you can no longer see the instruments, you are still able to use the music maker to accompany the song.

When finished with the Music Maker, click the X on the top right of the screen.



Join the United States, Canada, Australia and Northern Ireland offering activities and therapy programs powered by iN2L. Contact us at 303-806-0797 or at info@iN2L.com to schedule a free on-line demonstration or request a free interactive DVD.