


Pride Month Activities



Summary:

Use these activities to bring your LGBTQ+ identifying residents together to celebrate Pride month as a community. Use these activities after June, too, to keep cultivating a sense of pride and belonging!

Watch a Pride Parade Event Live

- Watch the 2019 San Diego Pride Parade livestream from the LGBTQ+ button.
The iN2L logo followed by the text 'Learn > LGBTQ > Watch Pride' in red.
- Encourage residents to dress up in bright colors and whatever will help them to best express themselves.
- Pass out pride flags for residents to wave during the parade.



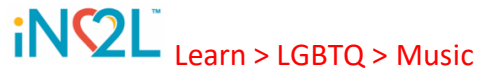
Pride Art

Supplies

- Flag Printout ([find a flag printout at in2lprint.com](https://www.in2lprint.com))
- Paint, colored pencils, or markers

Room Set Up

- Seat residents at tables to work
- Stream music from these influential LGBTQ+ identifying musicians.



Facilitating the Activity

- Welcome residents to the group personally by saying each person's name and shaking each person's hand.
- Start the activity with an introduction like this:
*"Welcome to our group! Today we are going to have fun decorating our own Pride flags. Who has seen a Pride flag before? What do they normally look like? The most popular version of a Pride flag has rainbow colors. *encourage residents to decorate theirs however they'd like**
- Pass out flag printout for each resident.
- Pass out paint supplies, colored pencils, or markers.
- Flag is complete when resident indicates they are finished.



LGBTQ+ Themed Movie Night

Host a movie night screening an LGBTQ+ themed movie. Hold a time of group discussion afterwards to give the group time to reflect on what they saw and express their own thoughts and feelings surrounding LGBTQ+ themes brought up.

Room Set Up

- Seat residents in semi-circle or at tables.

Facilitating the Activity

- Welcome residents to the group personally by saying each person's name and shaking each person's hand.
- Explain the movie you're going to watch and that there will be a time of discussion to follow.
- If desired, pass out "movie snacks" such as popcorn.
- View movie.

- Pause for intermission during movie if needed.
- Group Discussion Time: Following the film, have a time of discussion based off of the film. Suggested discussion questions for the movies listed below are available through SAGE via the link provided.

Recommended LGBTQ+ Themed Movies

Beginners (2010)

Beginners imaginatively explores the hilarity, confusion, and surprises of love through the evolving consciousness of Oliver (Ewan McGregor). Oliver meets the irreverent and unpredictable Anna (Mélanie Laurent) only months after his father Hal (Christopher Plummer) has passed away. This new love floods Oliver with memories of his father who - following 44 years of marriage - came out of the closet at age 75 to live a full, energized, and wonderfully tumultuous gay life. The upheavals of Hal's new honesty, by turns funny and moving, brought father and son closer than they'd ever been able to be.

Rating: R (For language and sexual content)

Visit https://www.lgbtagingcenter.org/resources/pdfs/Sage_MovieToolKit_pages.pdf , page 16 for **suggested discussion questions**.

Milk (2008)

This movie tells the story of how, in 1977, Harvey Milk (played by Sean Penn) was elected to the San Francisco Board of Supervisors, becoming the first openly gay man to be voted into public office in America. His victory was not just a victory for gay rights; he forged coalitions across the political spectrum. From senior citizens to union workers, Harvey Milk changed the very nature of what it means to be a fighter for human rights and became, before his untimely death in 1978, a hero for all Americans.

Rating: R (for language, some sexual content and brief violence)

Visit https://www.lgbtagingcenter.org/resources/pdfs/Sage_MovieToolKit_pages.pdf , page 17 for **suggested discussion questions**.

Before Stonewall (1984)

The 1969 riots at the Stonewall Inn in New York City are widely seen as the starting point of the modern LGBT civil rights movement. Through archival footage and interviews with LGBT people who came of age from the 1920s-1950s, this documentary explores what life was like for LGBT people before 1969.

Rating: N/A Some mentions of sex and sexuality, mild profanity.

Visit https://www.lgbtagingcenter.org/resources/pdfs/Sage_MovieToolKit_pages.pdf , page 15 for **suggested discussion questions**.

For even more suggested movies and other helpful resources to help make your event fun and inclusive, visit https://www.lgbtagingcenter.org/resources/pdfs/Sage_MovieToolKit_pages.pdf.