

Valentine's Day Activities

Blinded by Love Create a beautiful, unique piece of art work. Attach a piece of poster board to the wall. Hand a blindfolded resident a colorful marker, chalk or crayon. Carefully lead them to the poster board. One at a time, ask each resident to draw a heart or two on the poster board. The residents will enjoy laughing with each other when they see the silly shapes they've actually drawn.



Cupid's Arrows For this game you need 1 box of wide straws, 1 box of Q-tips, 2 large bowls (heart-shaped if possible) and masking tape. Divide the group into teams. Place a heart-shaped bowl in front of each team and place some tape about 2 feet back from each team's bowl. Each team member needs a straw and the team needs a large pile of arrows (Q-tips). Tell the "Cupids" they have one minute to get as many "arrows" into their heart bowl as possible. To do this you must place the straw in your mouth, load it with an "arrow," and then blow the "arrow" out the end of the straw towards the heart bowl. The team with the most arrows through the heart wins.



Conversation Heart Stacking Give each of your residents a pile of conversation hearts. Instruct them to place them one on top of each other to try to make the tallest stack. How high can they go?



Secret Valentine Shhh! At the beginning of February, ask your staff and residents if they would like to participate in a Secret Valentine activity. Write down the names of all the participants. Have each person randomly pick a name. During the days leading up to Valentine's Day, they secretly surprise their secret Valentine with kind messages, small gifts, and special treats. Participants reveal themselves on Valentine's Day.



Love Read Aloud What better way to show love and kindness than to read fun and meaningful books with children. For this intergenerational activity, invite local children to join your residents for a read along. Gather a collection of children's books from the library to complete this activity. Some suggestions include *Llama*, *Llama I Love You*, *Happy Valentine's Day*, *Mouse*, *Pete the Cat: Valentine's Day is Cool*, *The Invisible String*, and *Day it Rained Hearts*.



Steal My Hearts Game To set up, place a bowl of candy hearts on a flat surface within easy reach of the players and hand each person a pair of chopsticks. Set a timer for about 2 to 5 minutes. At "Go" contestants start removing hearts from the bowl using only their chopsticks, placing the candies in front of them. When time is up, the player with the most hearts wins.



Pin the Heart on Cupid Played like the popular party game, Pin the Tail on the Donkey, except a player pins the heart on the cupid. You will need a large picture of a cupid to hang on the wall. Give each player a red paper heart with tape. One at a time, blindfold them and have them try to stick the heart on the cupid.



Valentine Bingo Make a list of 25 Valentine words. Have players create their own Valentine Bingo boards using words from the list. Everyone's card will be unique. Valentine words might include: love, kiss, candy, heart, red, pink, white, cupid, Valentine, flowers. Use small candy hearts as markers.



Valentine Cupcake Walk You will need one cupcake for each player and a number for each player taped to the floor in a circle. Choose some love songs to play during the game. When the music starts, players begin to walk around the circle stepping on each of the numbers as they go. When the music stops the players should step on the number closest to them. A number is pulled from a bag and the player standing on that number gets to choose a cupcake and sits down. That number is then removed from the floor and the bag. Continue until every player has a cupcake.



Love Thy Neighbor Set a timer for 5 minutes and have players write as many kind things as they can think of about person on their right. Suggest that they write kind things about how the person acts, thinks, plays, works or looks. Give the paper to the person to keep.



Guess the Kisses Fill a large glass jar with chocolate kisses. Be sure to count the candy as you place them in the jar. Have players write their name on a small piece of paper and their guess as to how many kisses are in the jar. The person who guesses the right number, or comes closest, gets a prize. The candy in the jar is then divided among the players.



Find Your Heart- Mate Cut different color paper hearts in half in different angles. Hand out the hearts halves and let players find their heart-mate!



Heart-Filled Candy Toss Place a cardboard heart-shaped “candy box” a little distance from a wall. Mark your distance line. Line players up behind the line and place a bucket of brown bean bags (chocolates) beside them. Give each player 3 tries to get their chocolate bean bag in the box. Get all three chocolate bean bags in and earn a 'chocolate' reward.



Valentine Pictionary Put papers with valentine objects written on them into a bag. Divide players into two groups. Invite a player from one team to approach a chalkboard, pick a slip of paper, and read it to themselves. The player should then draw the object so his/her team members will guess the object on their paper. If the team guesses correctly, before time runs out, they score a point. If the playing team does not guess correctly, the other team has 5 seconds to try to come up with the correct answer. If they guess correctly, they score a point and it is their turn to play.



Sing Along Divide the group into teams. In a jar, fold up slips of paper that have different "love/relationship" related words on them. Team #1 gets to draw first, and they must sing a song (at least one line of lyrics) with the word they have chosen in it. Then Team #2 must match them, and keep going back and forth until one of the teams gets stumped. Then the other team wins the point.



Tie a Red Ribbon Cut red ribbon or yarn into various lengths (100-400 uneven pieces depending on the number of players). Put everyone into pairs or teams, and have them search throughout the room or building to find as many pieces of ribbon as they possibly can. They must tie each piece of ribbon together to create one long piece of ribbon. Whoever has the longest piece of ribbon at the end of 10 minutes wins the game.



Romantic Movie Film Fest Host a romantic marathon movie day. Screen different movies throughout the day. Serve popcorn and pink lemonade. Movie suggestions include *Casablanca*, *Annie Hall*, *Titanic*, *Gone with the Wind*, *Roman Holiday*, *Ghost*, *An Affair to Remember*, *My Fair Lady*, *Wuthering Heights*, *Love Story*, and *Doctor Zhivago*.

