

Super Bowl Activities



Super Bowl Commercials The commercials shown during the Super Bowl have become almost as important as the game. Enjoy some classic [Super Bowl commercials](#) from years past.

Rate It Make signs with the numbers 1-5 for each person. Attach them to craft sticks. During the commercials have everyone rate how well they liked them on a scale of 1-5.



Pick Sides Create a cheering section for each team by dividing the area in front of the television into 2 sections. Have fans decorate each side in the respective team's colors with banners and streamers. Add flags, pennants, pompoms and noisemakers.



Final Score Before the big game starts, ask each person to write down their guess for the combined score at the end of the game. Give a prize to the person who comes closest to the combined score.



Super Bowl Hot Football This is a twist of the party game hot potato, where the players can use a small foam football to pass around.

Don't say it! Pass out necklaces or stickers at the beginning of the game, and then choose a football-related word that no one can say during the game, such as "touchdown" or "field goal." If someone hears another person say the word, they can take their beads or sticker. The person with the most beads or stickers at the end of the game wins a prize.



Lip-syncing The Star Spangled Banner is always performed before the start of the Super Bowl. Most of the time it is not performed live, but lip-synced instead. Since most of your residents probably know all the lyrics to the national anthem, hold a lip-syncing contest before the game begins. For added fun, have the women perform to a male voice and vice versa.



Chili Cook-Off Chili is one of the most popular dishes served during the Super Bowl. Invite guests to participate in a chili cook-off during your Super Bowl gathering. Have them bring their best chili for your residents to sample and judge. Award prizes for best flavor, most original, best presentation, etc.



Fantasy Football Do you have gridiron experts among your residents? Plan a fun fantasy football league for residents and staff. [Fantasy Football](#)

Football Film Fest Many football movies of all genres can entertain your residents.

Enjoy a few of these popular titles: *Brian's Song*, *Rudy*, *Friday Night Lights*, *Knute Rockne All American*, *The Blindside*, *Remember the Titans*, and *The Longest Yard*.



Football Toss Using mini foam footballs and a hula hoop, set up a football toss game for your residents inside or outside. Have one staff member or resident hold the hula hoop while players try to throw the mini football through the hoop.

Football Squares A football pool for the Super Bowl is an excellent way for everyone to get involved in the big game. Residents and staff can buy squares or just play for fun.

[Football Squares](#)

Tail Gate Party Tailgating before a football game is a fun tradition that has gained in popularity in recent years. Host a tailgate party outside, if possible (indoor also works). Have coolers full of soda or other beverages and serve local tailgate favorites, such as chili, tacos, and barbeque.



Super Bowl Discussion Gather a group together to talk Super Bowl. Encourage participants to share their personal Super Bowl stories. What are some of the classic Super Bowl Games? Has anyone ever attended a Super Bowl game live? How has your team done in the Super Bowl?

Cheerleaders Invite a local cheer team to perform for your residents. Encourage everyone to learn a cheer or two. Don't forget to video the event.



Football Bingo Create bingo cards using football terms. Have the players call out "touchdown!" instead of Bingo.



Football Charades Write words or phrases relating to football on slips of paper. A player selects one slip of paper, and without speaking, tries to get their team to guess the word or phrase. Once the word is guessed, it is the other team's turn. Some suggestions include "referee," "announcer," "television," "super bowl," and "time out."



Armchair Quarterback Record a football game to watch at a later time. When you show the game to your residents, pause it before a down and ask them what play they would call if they were the coach.



Paper football Have your residents make [paper footballs](#). **Select** a flat tabletop to play [paper football](#). After some practice, you can even hold a paper football tournament. This would be a fun activity to do with young visitors.

Pompoms Before the next game, have your residents make [pompoms](#) to cheer on their favorite team. Be sure to use appropriate team colors.