

Mother's Day Activities

Corsages Gather the supplies needed to make beautiful corsages (flowers, ribbons, pins, greens, floral wire, tape, etc.). Invite the mothers in your community to make unique corsages for themselves or other mothers.



Bragging Rights Every mother loves to brag about their children and their accomplishments! Gather the mothers all together and give each of them an uninterrupted chance to brag about their children to the others. This shouldn't be an exercise in one-upmanship, but rather a chance to appreciate each other for a job well done.



Scarves Scarves are a lovely way to add an accent to an outfit. They come in many different colors and textures. Some of your residents may have their own scarves; if not, collect or purchase inexpensive scarves for your mothers. Learn new and different ways to [tie scarves](#). Experiment and have fun!



Mother's Day Makeover Invite beauty professionals from the community to volunteer to give the mothers "makeovers." Your residents will feel special with a new hairstyle or special make up.



Mother's Day Tea Invite family members to a proper afternoon tea. Learn about, and share, the history and etiquette of tea time with guests and residents. You can also purchase interesting and inexpensive tea cups from a thrift shop as party favors for the mothers in attendance. [History of High Tea](#)



Mother's Day Slideshow Invite mothers and family members to contribute family photos highlighting the mothers. Create a slideshow using all images. Share the slideshow with the group, and allow mothers to share the stories behind the photos.



Mother's Day Movie Night Host a Mother's Day movie night. Here are some movie suggestions: *Mrs. Miniver*, *Sound of Music*, *My Big Fat Greek Wedding*, *Divine Secrets of the Ya-Ya Sisterhood*, *Mommie Dearest*, *Terms of Endearment*, *Anywhere but Here*, *Steel Magnolias*, *Forrest Gump*, *Freaky Friday*, *Little Women*, *Mask*, *Stepmom*, *Mother*, *Mermaids*, and *Parenthood*.



Fashion Show Invite one or more local clothing stores to put on a fashion show for your residents and their families. You can use family or staff as models.



Mom Awards Gather information from the resident's family or from staff members, and present each mother with an award (sash, trophy, flowers, etc.). There should be an award for everyone with a short story to share. Some suggestions include Best Soup Cook, Best Tomato Grower, Funniest Mom, Most Children, etc.

Plant a Garden

Materials:

A garden container (window box, terracotta pot, wooden planter box, etc.)

Decorating tools (permanent markers, paint)

Flowering plants

Planting mix



Directions:

Decorate your container. Write a family name, a special message, draw pictures, etc. Fill your planter box about $\frac{1}{3}$ full of planting mix.

Plant flowers by gently removing them from their containers, loosening the roots, and placing them in the soil. Add enough soil to cover the roots and gently press down.



Mothers Helping Mothers There are probably single mothers in your neighborhood struggling to get by. Ask your residents if they would like to host some in-need mothers for a get together. Your more experienced mothers can offer encouragement, support, and advice.

This can be an uplifting, annual experience for all involved.

“Motherisms” There are some things that mothers say over and over. These are the things that drive us crazy, the things we remember fondly, and

the things that will always stay with us. Have everyone in the group share the rules their mothers told them. Discuss the important life lessons behind them. Make a “Wall of Motherisms” that can be displayed during the month of May. Some examples include, “Look at me when I talk to you,” “Always wear clean underwear,” “I don’t like your tone,” “Were you born in a barn?” “Eat your vegetables,” “Act your age,” etc.



Motherhood Book Club In celebration of Mother's Day, have your book club read a book or two about Motherhood. Use the characters to compare and contrast mothers from different cultures, generations, and economic backgrounds. Some popular choices include *The Joy Luck Club*, *The Scarlet Letter*, *The Good Wives*, *Rapunzel*, *The God of Small Things*, *The Good Mother*, and *What We Keep*.

