

Labor Day

In the U.S., workers are honored on Labor Day, which falls on the first Monday in September.



Career Day Invite children to a presentation put on by your residents. Have your residents describe their careers and answer questions from the children.

Career Collage Have your residents create a career collage to display in a common area. Give your residents magazines and scissors and have them cut out pictures of people at work.



Guest Speaker Invite one or more guest speakers to form a panel or group discussion about current labor issues. Allow your residents to weigh in with their opinions.



Labor Day Field Trip Depending on where you are located, plan a visit to a local factory, office, or other place of business. Arrange for your residents to be given a tour. How have things changed? What brings back memories?

Labor Day History Learn about the history of Labor Day. How was it started and by whom? <http://www.history.com/topics/holidays/labor-day>

Labor Day Interview Ask high school students to visit your community and interview residents about their careers. Questions could include, “Why did you choose this career?” “What was the highlight of your career?” “Were you happy with your choice?” Bind the completed interviews to form a book to be shared with other residents and students.



Pictionary Play Labor Day Pictionary. Write different careers on slips of paper. Divide the group into teams. Have one player pick a slip of paper. The player then draws the job, and without speaking, tries to get their teammates to guess the career. Another alternative is Labor Day charades, where players act out the career instead of drawing a picture.



Picnic Host a traditional Labor Day picnic for your staff, residents, and guests. Include your residents in the planning and implementation of the event.

Help with a Project Everyone likes to feel useful. There are probably many projects around your community that your residents can help with. Find out what special skills people have and put them to work.

Thank You Notes Have your residents write thank you notes to members of your staff, letting them know how much they appreciate the job they do.



Labor Day Film Fest Pop some popcorn and screen some classic movies that showcase the workers of America. Here are some suggestions: *9-5*, *Silkwood*, *Roger & Me*, *The Grapes of Wrath*, *Gung Ho!*, *Norma Rae*.

