

Hawaiian Activities



Luau Host a Hawaiian luau, complete with traditional luau foods, such as kalua pork, sweet potatoes, lomi-lomi salmon, rice, poi, haupia, and fresh tropical fruits. Invite family, friends, and neighbors.

Make Haupia Haupia is a traditional Hawaiian dessert made from coconut milk. It is often served at luaus. [Haupia Recipe](#)

Hula Contact a local hula school, known as hālau, and invite the students to perform for your residents.



Limbo Contest A limbo contest might be difficult for your residents, but they would enjoy holding the stick for the staff or young visitors. Have tropical limbo music playing in the background.

“Hot Lei” Play a game similar to hot potato using inexpensive party leis. With Hawaiian music playing in the background, have players pass the lei by placing it around the neck of the person sitting next to them. The player with the lei on when the music stops is out. They keep the lei and a new one is added to the game. Another variation could be “hot coconut.”





Ukulele Lessons The ukulele is a fairly easy instrument to play. Find a local musician to teach your residents to play the ukulele.

`Ulu Maika Have your residents play this outdoor game, similar to lawn bowling. `Ulu maika is a traditional, ancient Hawaiian game. The goal is to roll a smooth stone between two stakes set about 6-12 inches apart in the grass. [`Ulu Maika](#)

Hawaiian Pictionary Make a list of Hawaiian places or things. Write each one down on separate slips of paper, and put them in a hat. Divide the group into two teams. A player from one team picks a slip and draws clues, trying to get their team members to guess the word or phrase. Set a two-minute time limit on each turn.



Konane Teach your residents the ancient Hawaiian game of Konane, known as Hawaiian checkers. The traditional game is played using small pieces of white coral and black lava. Players hop over each other's pieces, capturing them. [Play Konane](#)



Aloha Bingo Use bingo cards customized with Hawaiian themed words or pictures. Use small seashells to cover the items as they are called. The winner calls out "Aloha."



Coconut Bowling Set up a bowling game using empty two-liter soda bottles weighted with sand. Use a coconut as the ball.



Shell Hunt Fill sand buckets with play sand. Hide shells in the sand. Give each person a bucket and have them use their hands to find the shells.

Hawaiian Word Mingle Encourage residents, guests, and staff to mingle and learn Hawaiian words at the same time. Create name badges for each guest. On the name badge, include one Hawaiian word and the English translation. Give all the guests a list of the Hawaiian words. The object is for the guests to learn the English translation for the Hawaiian words by mingling with each other. [Hawaiian Words](#)



Hawaiian Film Fest Host a Hawaiian film fest for residents, staff and guests. There are options for everyone. It is always a good idea to preview a film before screening it. Possible titles might include *Lilo and Stitch*, *Gidget Goes Hawaiian*, *From Here to Eternity*, *Blue Hawaii*, *Hawaii, 50 First Dates*, *The Descendants*, *Pearl Harbor*, *Soul Surfer*, *Princess Kaiulani*, *Race the Sun*, and *Molokai*.

