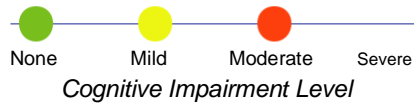


Art Activity

Spring-themed Collage



Summary:

Residents use images to depict items related to spring.

Objectives:

- Encourage creative expression
- Foster positive mood
- Encourage verbalization and reminiscing
- Promote pro-social interaction



Supplies:

- Magazine images of varying spring scenes (may be pre-cut for lower functioning residents)
- Glue
- Scissors
- Sturdy paper for mounting images

Room Set Up:

- Tables for residents to comfortably work
- Soft, instrumental music in the background

iN2L Music, TV & Film > Jukebox



Facilitating the Activity

Procedure

1. Personally welcome residents to the group by saying each person's name and shaking each person's hand.

Say:

"Welcome to our group! Today we are going to have fun creating something called a collage. Does anyone know what a collage is? Collage is a French word that means 'to glue.' It is a way to make art from several different items, like paper, string, or fabric. Today we will make our collage based on things that are related to the spring season."

2. Invite residents to generate a list of ideas. Write these on a flip chart or white board for residents to reference. Encourage discussion of spring subjects: flowers, trees in bloom, sports (tennis, baseball, hiking), spring fashion (shorts, t-shirts), and animals (baby birds, baby animals).
3. Place paper, scissors, and glue in front of residents.
4. Depending on functioning level, you may place several or a few magazine images in front of residents. Invite residents to select images that represent the theme of spring and position them on the paper. When in desired position, residents can glue down the images.
5. Collage is complete when residents indicate their desire to stop.

Processing

Invite residents to share their experiences:

Did they have certain items they gravitated toward or avoided?

Why or why not?

What types of associations did they have to certain items?

Were these common among the residents?

Thank residents for participating.

Adaptations/Modifications



Cognitive Impairment: None to Mild

- You can introduce more abstract ideas:
 - » “Select spring events or items that describe you.”
 - » “What memories do you have of the spring season?”
- Provide more resources (more magazines tailored to the theme, larger paper, scissors, markers for written embellishment-a resident could create a word bubble for what this picture shows). Encourage them to generate stories, poetry, and other written work to compliment visual expression.
- Promote verbal elaboration. Encourage residents to ask about the images. Invite them to question one another.
 - » “What is your favorite image?”
 - » “Why did you pick that?”
 - » “What does that mean to you?”
- Invite them to have dialogues with the images:
 - » “If this person could tell you something, what would they say?”
 - » “What are they thinking?”
 - » “What are they getting ready to do?”



Cognitive Impairment: Moderate to Severe

- Provide concrete directives and provide a starting point for residents to reduce anxiety and promote engagement.
- Provide pre-cut images and ask residents to sort them how they choose. Ask them about images to spark discussion and reminiscing.
- Use smaller sized paper (8.5 x 11 or 11 x 14).
- Encourage verbal elaboration. If they can write, invite them to write word associations, or you write for them if they are unable.