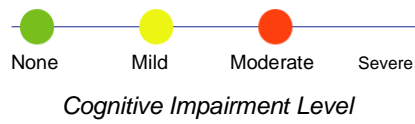


Art Activity

# Shaving Cream Marbling



## Summary:

Residents use shaving cream and watercolors to create marbelized prints.

## Objectives:

- Encourage creative expression
- Foster positive mood
- Promote pro-social interaction




## Supplies:

- Shaving cream (foam, NOT gel)
- Shallow container, such as a pie pan (you can do this directly on a table top if you don't use paint that will stain)
- Liquid watercolor, tempera, or acrylic paint
- Droppers
- Something to use as a scraper (craft stick, ruler or a stiff piece of cardboard)
- Watercolor paper or cardstock, cut into halves or quarters
- Spatula

## Room Set Up:

- Seat residents at tables to work.
- Play soft, instrumental music:

 *Music, TV & Film > Jukebox*



# Facilitating the Activity

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## Procedure

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1. Welcome all residents by saying their names and shaking their hands.

**Say:**

*“Welcome to our group! Today we are going to have fun creating art using shaving cream of all things! Can you imagine? This will be lots of fun! Let’s get started!”*

2. Spray the shaving cream into your dish (most residents will enjoy doing this on their own).
3. Smooth the surface a bit with spatula, spoon, hands, etc.
4. Use the dropper to transfer the liquid paint to the surface of the shaving cream.



5. Swirl the colors together to create a marbled effect. You can use a craft stick, wooden dowel, or the tip of your dropper.



6. Press a piece of your paper into the surface of the painted shaving cream.



7. Gently lift the paper.



8. Scrape off the shaving cream with a craft stick, ruler, or a piece of cardboard to reveal your beautiful marbled paper!



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## Tips for Success

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When you buy shaving cream, make sure it's the foamy stuff, NOT gel. Cheaper is usually better.

Scraping the shaving cream off the paper right away is important. Don't let the shaving cream soak into the paper. It will get gunky and stain the paper.

Keep a wet washcloth and/or bowl of water handy for washing shaving cream-covered hands.

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## Processing

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Invite residents to share their experience:

- » Was it enjoyable?
- » Were they surprised by the results?
- » Would they like to try this again?

Thank residents for participating and invite them back.

Praise all efforts.

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## Adaptations/Modifications

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### Cognitive Impairment: None to Mild

- Invite residents to title their images.
- Encourage verbal elaboration and description of their images. Do images remind them of anything in nature?
- Prompt residents to write a poem about their image.



### Cognitive Impairment: Moderate to Severe

- This may be more of a pure sensory experience: spray some cream onto their hands and move hands together and apart. Spray some onto a flat surface—place resident's hand slow-ly into the cream, watching for facial expressions. Use their fingers to write or poke into the foam.