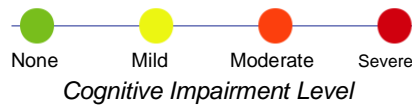


Art Activity

# Sensory/Texture Collage



## Summary:

Residents create a collage of diverse items with varying textures.

## Objectives:

- Promote individual expression
- Facilitate discussion/reminiscence
- Encourage choice/decision making/empowerment



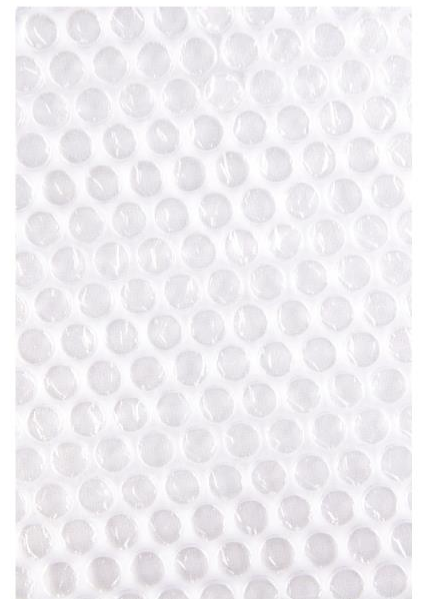
## Supplies:

- Glue
- Scissors
- Paper
- Items of various textures (burlap, velvet, sandpaper, bubble wrap, satin, tissue, ribbon, feathers, yarn, corrugated cardboard)

## Room Set Up:

- Tables for residents to comfortably work
- Soft, instrumental music in the background

**iN2L** Music, TV & Film > Jukebox



# Facilitating the Activity

---

## Procedure

---

### Say:

*“Welcome to our group! Today we are going to have fun creating something called a collage. Does anyone know what a collage is? Collage is a French word that means to glue. It is a way to make art from several different items like paper, string, or fabric. Today we will make our collage based on things that have different textures, items that feel different to touch.”*

1. Invite residents to generate a list of different textures (smooth, soft, hard, bumpy, silky, grainy). Write these on a flip chart/white board for residents to reference.
2. Place paper, scissors and glue in front of residents.
3. Invite residents to explore the items of varying textures. Explore these verbally, with phrases like, “How does this feel? How does this compare to that?”
4. Depending on functioning level, you may place several (for higher functioning) or a few items in front of residents. Invite resident to select items and position them on the paper. When in desired position, resident can glue down the image. Resident can write opposite descriptive terms (soft, rough, scratchy) next to the items.
5. Collage is complete when resident indicates their desire to stop.

---

## Processing

---

Invite residents to share their thoughts about the experience. Did they enjoy the process of creating?

Invite residents to share their collages with the group.

»»What items do they like the best?

»»What other themes would make a good collage?

Direct residents to place their collages into their portfolios for future reference and to keep them safe.

---

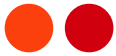
# Adaptations/Modifications

---



## Cognitive Impairment: None to Mild

- Introduce more abstract ideas: “Select items that best describe you,” or “What do you think of when you touch this texture?”
- Provide more resources (more textured items, still tailored to the theme; larger paper; scis-sors; markers for written embellishment).
- Encourage them to generate stories, poetry, or other written work to compliment visual expression.
- Promote verbal elaboration by encouraging residents to ask about the items and textures (What is your favorite item? Why did you pick that? What does that mean to you?) Invite them to question one another.



## Cognitive Impairment: Moderate to Severe

- Provide concrete directives and provide a starting point for residents to reduce anxiety and promote engagement.
- Provide pre-cut items and ask residents to sort items (allow them to decide how they want to sort items). Ask them about the items to spark discussion and reminiscing.
- Use smaller sized paper (8.5 x 11 or 11 x 14).
- Encourage verbal elaboration. If they can write, invite them to write word associations, or you can write for them if they are unable.
- Watch for anxiety and modify as needed (resident may only discuss one or two items).