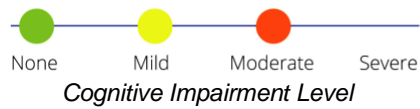


Art Activity

Paper Sculptures

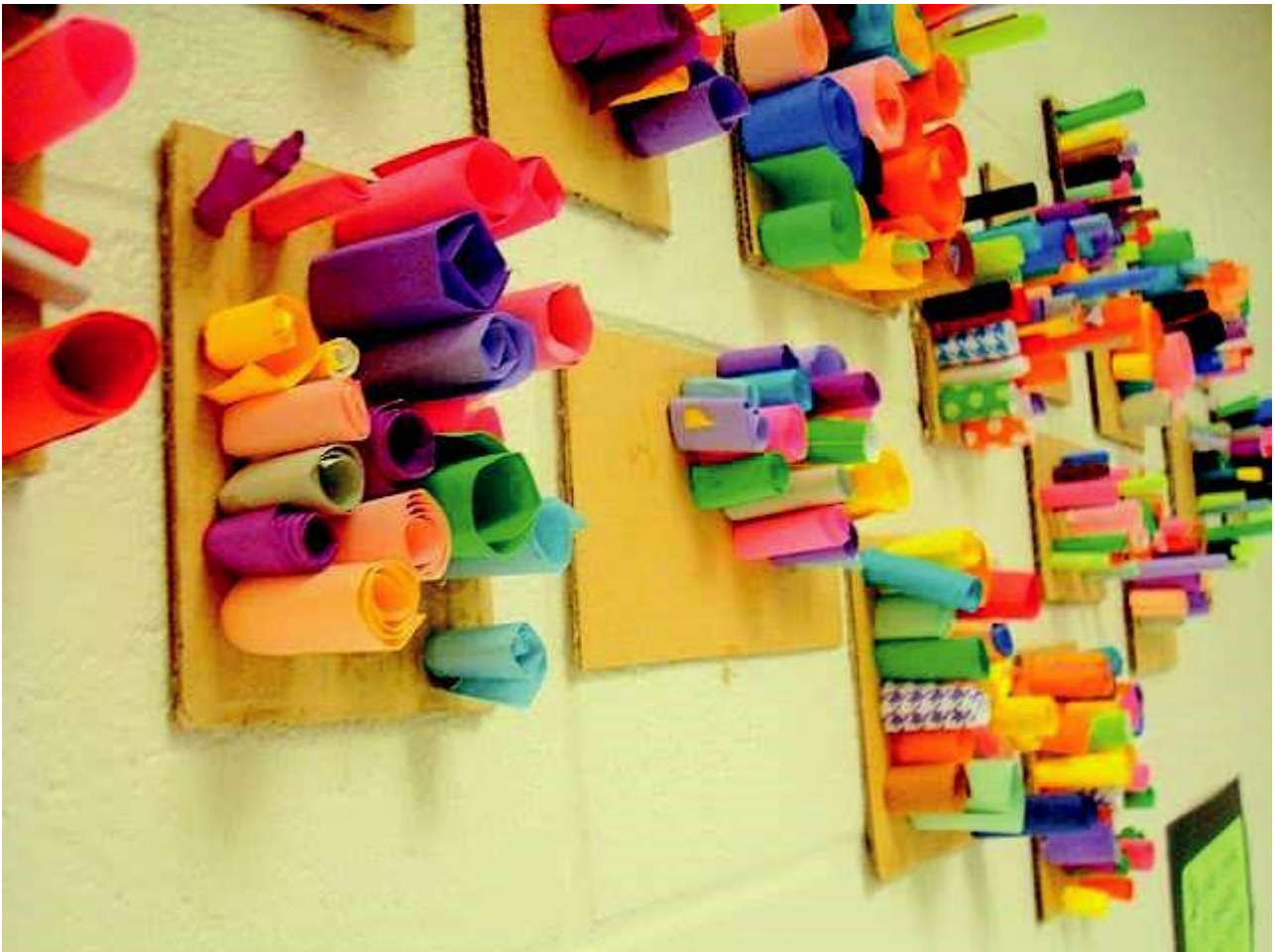


Summary:

Residents roll strips of colored paper adhered to corrugated cardboard bases to create pa-per sculptures.

Objectives:

- Encourage creative expression
- Foster positive mood
- Encourage problem-solving
- Promote pro-social interaction

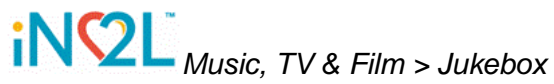


Supplies:

- Paper of various colors (cut into strips of various lengths and widths, sufficient to allow for rolling)
- Elmer's Art Paste (adheres better than regular glue, which may be too runny)
- Scissors
- Sturdy cardboard base cut into squares, approx. 8" x 8" (recycled, corrugated boxes are good sources)
- Pencils (optional to assist with rolling)
- Paper bowls to hold paste (residents can share)
- Medium brushes to apply paste (residents can share)

Room Set Up:

- Tables for residents to comfortably work
- Soft, instrumental music in the background



Facilitating the Activity

Procedure

1. Personally welcome residents to the group by saying each person's name and shaking each person's hand.

Say:

"Welcome to our group! Today we are going to have fun creating art by simply rolling paper! I think you will find this process enjoyable, and you will be pleased with the outcome."

Show residents an example.

"Let's get started!"

2. Pass out cardboard and several strips of paper for each resident (pencils are optional).
3. Model taking a strip of paper and rolling it into a tube shape.
4. Model taking the brush and applying glue to bottom of tube and placing it on the cardboard base—holding down for about 5 seconds to secure.
5. Invite residents to begin. Assist as needed.

Processing

Invite residents to share their experiences:

»»Did they enjoy the activity?

»»Were there any challenges, and if so, how did they solve these?

Thank residents for participating.

Adaptations/Modifications



Cognitive Impairment: None to Mild

- Provide more strips of paper and larger bases.
- Invite residents to use the paper to create patterns and shapes for their sculptures (e.g., warm to cool colors, shades of blues/reds/oranges, organize according to height of rolled paper).



Cognitive Impairment: Moderate to Severe

- Assist hand-over-hand in rolling paper or pre-roll to decrease anxiety and promote engagement.
- Make the experience of rolling the paper the primary activity .
- Ask about color associations, such as “blue is like the sky” or “orange reminds me of the sun.”
- Invite residents to sort the paper according to color.