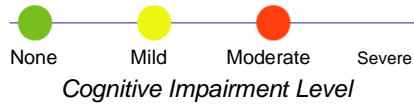


Art Activity

# Magic Nuudle Colorful Sculptures



## Summary:

Residents use packing peanuts and water to create free-form sculptures.

## Objectives:

- Encourage creative expression
- Foster positive mood
- Encourage verbalization/reminiscing
- Promote pro-social interaction



## Supplies:

- Colorful packing peanuts (Magic Nuudles)
- Water
- Paper towels
- Plastic trays or table cloth (working surface)

## Room Set Up:

- Tables for residents to comfortably work
- Soft, instrumental music in the background

**iN2L** *Music, TV & Film > Jukebox*



# Facilitating the Activity

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## Procedure

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1. Personally welcome residents to the group by saying each person's name and shaking each person's hand.

**Say:**

*"Welcome to our group! Today we are going to have fun with these colorful 'noodles'."*

Show residents the colorful Nuudles.

*"If we apply a little water to the noodles, they stick together! We can get creative and make any kind of shape or shapes we want! Let's get started."*

2. Pass out a handful of Nuudles to each resident. Invite them to touch and squeeze the Nuud-les.
3. Pass out a shallow pan or cup of water to each resident.
4. Model dipping one end of the Nuudle into the water and then attaching to another Nuudle (the water combines with the Nuudle enabling them to attach to each other).
5. Invite residents to begin. The experience is done when residents indicate they are finished.



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## Processing

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Invite residents to share their experience.

- »» Did they enjoy the activity?
- »» Were they surprised with their results?
- »» Would they like to do this again?

Thank residents for participating.

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## Adaptations/Modifications

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### Cognitive Impairment: Moderate to Severe

- Watch for possible ingestion of materials.
- Allow residents to explore dipping entire Noodles into water, allowing the Noodles to become saturated.
- Perhaps the residents will enjoy sorting by color or making patterns.