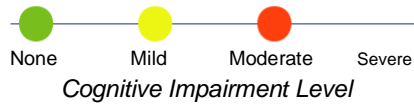


Art Activity

Homemade Hydrangeas

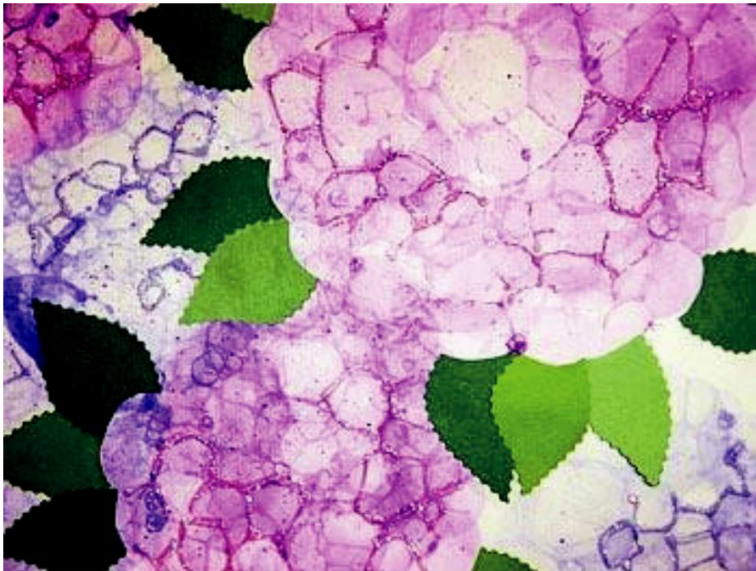


Summary:

Residents use colored bubbles to create hydrangea-like images.

Objectives:

- Encourage creative expression
- Promote color recognition and exploration
- Foster positive mood
- Encourage verbalization/reminiscing
- Promote pro-social interaction



Supplies:

- White paper (watercolor or paint paper-not copy paper)
- Bubble solution (dish soap)
- Blowing wands
- Acrylic paint/powder in several colors, like blue, pink and purple, or other pastel colors
- Pie tins or bowls to contain bubble mixture
- Various shades of green felt or scrapbooking paper (for leaves)
- Scissors (use the kind with special cuts if possible to simulate edges of leaves)

Room Set Up:

- Tables protected with newsprint (or washable tables) for residents to work
- Clothing protectors
- If available, have hydrangeas available to spark interest
- Indoors: Large room that allows for space on tables/floor to place paper
- Outdoors: This project can occur outdoors, weather permitting
- Soft, instrumental music in the background

[iN2L](#) Music, TV & Film > Jukebox



Facilitating the Activity

Procedure

1. Introduce the activity:

Say:

“How many of us have enjoyed the experience of tending a flower garden? The colors and fragrances are amazing to behold.”

You can expand upon the memories associated with flower gardens.

“Today we are going to create our very own flower gardens, but instead of waiting on Mother Nature, we will use creativity to grow our personal hydrangea flowers now!”

2. Prepare tins with separate colors of bubble solution. Model for residents how to blow the wand to create a bubble.
3. Place paper in front of each sitting or standing resident for bubbles to settle on and pop, forming the images.

Note: You may want to lay a large sheet of white butcher paper on the ground outside and have all residents blow bubbles at once. You can cut the images so that each resident can get a ‘bouquet’ for themselves.
4. Embellish the bubble images with leaves (these can be pre-cut).
5. Enjoy your bouquet!

Processing

Invite residents to share their experience. If they were able to go outside, blowing bubbles into the air can feel playful and fun; if indoors, ask if they were surprised by the patterns created.

Thank residents for participating.

Adaptations/Modifications



Cognitive Impairment: Moderate

- Watch these residents for possible ingestion of bubbles.
- Model/prompt the process or engage in parallel participation.
- Allow for free-form creation.
- Validate all expressions and attempts.