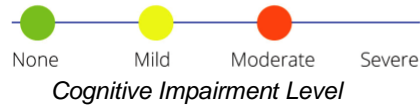


Art Activity

Chihuly Inspired “Glass” Art



Summary:

Residents use brightly colored Sharpie markers to color plastic cups that are then quickly baked and formed into “glass” sculptures.

Objectives:

- Foster creative expression
- Increase self-esteem/positive mood
- Promote pro-social interaction



Supplies:

- Clear Plastic Solo Cups
- Permanent Sharpie markers in a variety of colors
- Access to oven or toaster oven
- Hole punch
- String/ribbon
- Non-stick spray, like Pam
- Baking sheet to place cups on for baking

Room Set Up:

- Seat residents at tables to work.
- Play soft, instrumental music:

 *Music, TV & Film > Jukebox*



Facilitating the Activity

Procedure

1. Introduce the activity:

Welcome each resident personally by stating their name and shaking their hand.

Say:

“Welcome! Today we are going to use a fun and simple technique to create art in the style of glass artist Chihuly. Let’s take a moment to learn about this prolific artist and his technique.”

Say:

“Let’s get started.”

2. Pass out a Solo cup and various sharpie markers to each resident.
3. Invite each resident to create a design or pattern on their cup. Encourage various forms of expression-there is no correct way to do this! Residents can make multiple cups.
4. Place cups on foil sprayed with Pam or similar non-stick spray.
5. Bake cups at 350° F for 3-4 minutes.
6. Immediately after taking them out of the oven, pat them down to completely flatten them or mold into an interesting shape; make a hole if desired.

Processing

Say:

“Thank you for joining us in our art activity today! I think we all had a good time.”

Ask:

“Would anyone like to share their art with the group?”

- Invite residents to share their pieces.
- Offer positive/affirming feedback. Validate all efforts.

Ask:

“Did you enjoy this process? Would you like to try this again?” Why or why not?

Say:

“Thank you again for spending time with your friends in our art group. We will look forward to seeing you again tomorrow.”

Adaptations/Modifications



Cognitive Impairment: None to Mild

- Encourage higher functioning residents to make multiple pieces—perhaps exploring various patterns and line shapes (dots; curvy, diagonal, linear lines; etc.)
- Use recycled water bottles and remove the label.
- Add color to the bottles. (Mix acrylic paint and a little bit of water inside the bottle--realistical-ly creates the transparency of glass.)
- Once dry, assist residents in cutting each bottle in a spiral pattern and attach to the wire (jewelry wire/chicken wire) in a pleasing format or design. Attach multiple bottles to create a group sculpture.
- To make the sculpture shine, add Christmas lights installed in the center body of the piece.