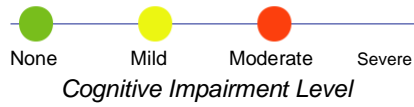


Art Activity

# Foil Relief Art



## Summary:

Residents use simple materials to create gem-toned relief art.

## Objectives:

- Promote sense of accomplishment/increased self esteem
- Improve mood through easily attainable activity
- Facilitate decision-making and empowerment
- Foster creativity



Image Credit: <http://kids-finelines.blogspot.com>



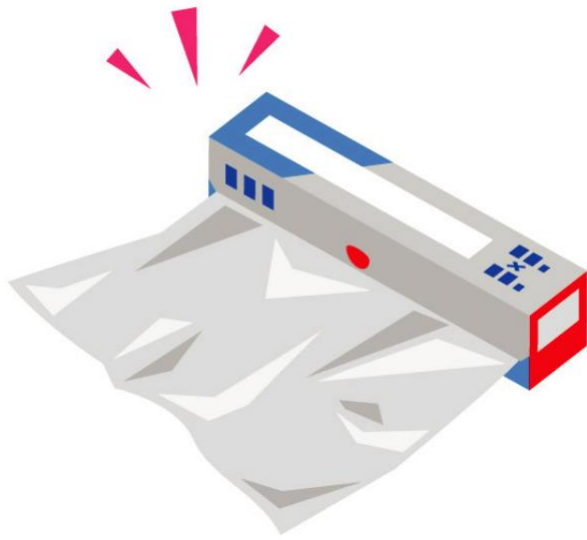
## Supplies:

- Elmer's glue
- Heavy duty aluminum foil
- Sharpie markers in various colors
- Thick yarn in any color
- Bristol board or adhesive board
- Glue or tape

## Room Set Up:

- Seat residents at tables to work.
- Play soft, instrumental music:

**iN2L** *Music, TV & Film > Jukebox*



# Facilitating the Activity

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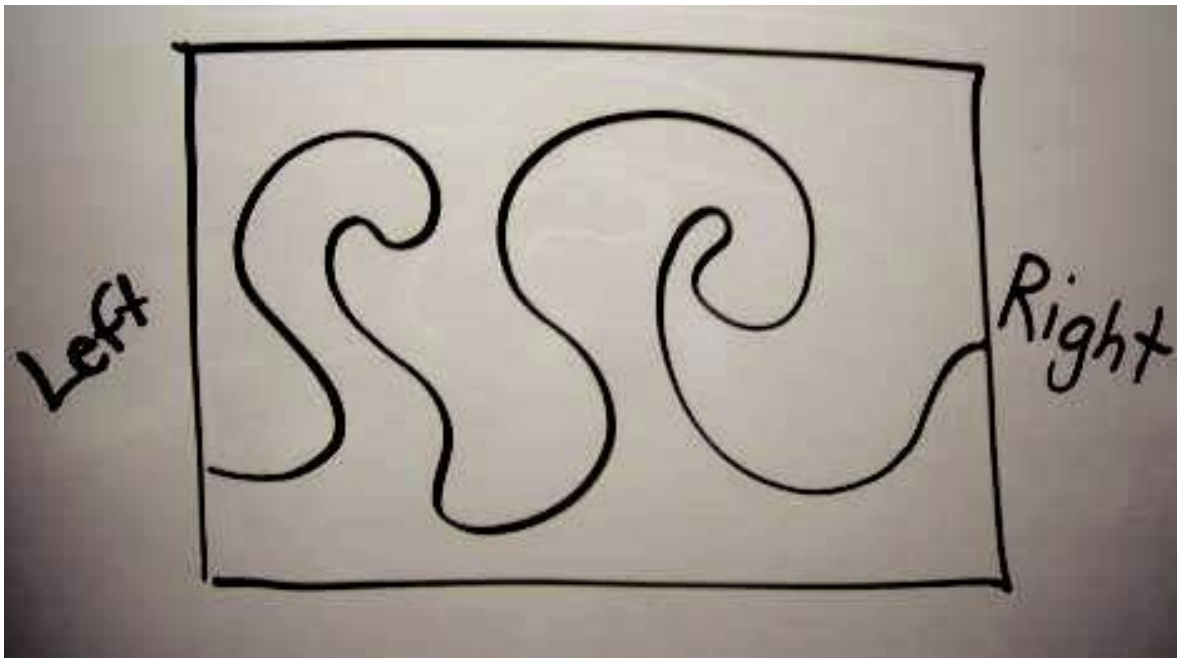
## Procedure

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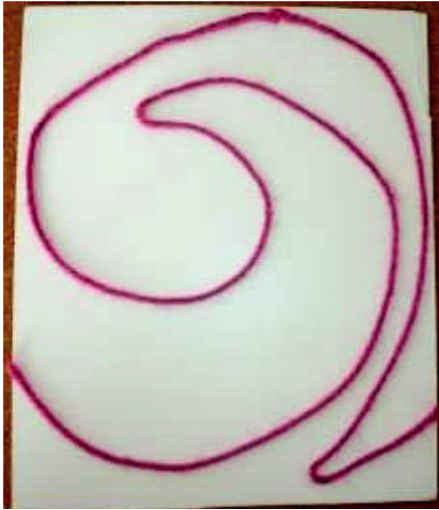
1. Introduce the activity: Personally welcome residents to the group by saying each person's name and shaking each person's hand.

**Say:**

*“A famous artist named Paul Klee once said, ‘A line is a dot that went for a walk.’ Today we are going to create art that takes a dot for a walk, so to speak! Let’s follow what Klee said and start our lines of yarn on one side of the board and move it back and forth, up and down, ending on the opposite side of the board. Try to leave a finger space between yarn lines and between the edge of the board or any other yarn line. (This space allows the foil a space to settle into, which will later be colored).”*



2. Once each resident has their yarn down, model for them how to carefully place the foil over the board, from the center outward—you may need to assist some. Try not to rip the foil. Fold the edges of the foil around the back of the board and glue or tape in place.



3. Instruct residents to outline their yarn line with a black Sharpie marker.
4. Once the yarn is outlined, instruct residents to use colorful Sharpies to make line designs or fill in the spaces created by the yarn.

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## Processing

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Invite residents to share their experience. How did they problem-solve? Why did they select the colors they chose?

Discuss how everyone's images are different and unique—just as every individual is unique.

Thank residents for participating.

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## Adaptations/Modifications

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Higher functioning residents may want to use scissors to clip off smaller pieces of yarn to create a design.

Mounting all the art together to form a large 'quilt' can be visually powerful. Discuss how each resident contributed to the whole.