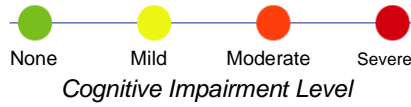


Art Activity

Favorite Things Collage



Summary:

Residents are invited to explore the images and create a collage that reflects favorite things/ events/hobbies/people in their lives.

Objectives:

- Promotes sense of accomplishment and increased self-esteem
- Improves mood through easily attainable activity
- Facilitates decision making and empowerment
- Fosters creativity

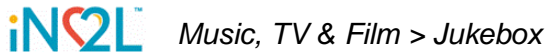


Supplies:

- Drawing paper (paper needs to be heavier than copy paper); it is the base of your collage.
Let the resident select the color
- Pre-cut magazine images (People, animals, houses, etc.)
- Scissors
- Glue (can be squeezed out in advance and applied with a brush)

Room Set Up:

- Tables for residents to work at comfortably.
- Play soft, instrumental music:



Facilitating the Activity

Procedure

1. Personally welcome each resident by stating their name and shaking their hand.

Say:

“Welcome to our group! Today we are going to have fun creating something called a collage. Does anyone know what a collage is? ‘Collage’ is a French word that means ‘to glue.’ It is a way to make art from a number of different items like paper, string, or fabric. Today we will make our collage based on some of our favorite things. This can include hobbies, interests, animals, people, or events.”

2. Invite residents to generate a list of ideas. Write these on a flip chart/white board for residents to reference.
3. Place paper, scissors and glue in front of residents.
4. Invite residents to look for images that reflect the theme.
5. Depending on functioning level, you may place several or a few magazine images in front of resident. Invite resident to select images that represent the theme and position them on the paper. When in desired position, resident can glue down the image.
6. Collage is complete when resident indicates their desire to stop.

Processing

Invite residents to share their thoughts about the experience. Did they enjoy this process of creating?

Invite residents to share their collages with the group. What images do they like the best? What other themes would make a good collage?

Residents may place their collage into their portfolios for future reference and safekeeping.

Adaptations/Modifications

- Invite higher functioning residents to pre-cut images.

Extensions

- Invite residents to embellish their collage with words or phrases.