

Art Activity

Alphabet Collage





Summary:

Residents use images to create a collage, using the letters of the alphabet.

Objectives:

- Encourage creative expression
- · Foster positive mood
- · Encourage verbalization/reminiscing
- Promote pro-social interaction



Supplies:

- Magazine images of various alphabet letters (may pre-cut for lower functioning residents)
- Glue
- Scissors
- Sturdy paper for mounting images
- Dry erase board/flip chart and markers

Room Set Up:

- Seat residents at tables to work.
- Play soft, instrumental music:







Facilitating the Activity

Procedure

1. Personally welcome residents to the group by saying each person's name and shaking each person's hand.

Say:

"Welcome to our group! Today we are going to have fun creating something called a 'collage.' Does anyone know what a collage is? 'Collage' is a French word that means 'to glue.' It is a way to make art from several different items, like paper, string, fabric, etc. Today we will make our collage based on the letters of the alphabet. I will challenge you to find letters that don't look alike; for example, use letters that have different shapes and colors."

- 2. Write some of the alphabet on the flip chart, omitting some, e.g., A, B, _ _ E, F, _ _, etc. Invite residents to fill in the blanks.
- 3. Pass out paper for each resident.
- 4. Pass out pre-cut alphabet letter assortment and glue for each resident
- 5. Collage is complete when resident indicates they are finished.

Processing

Invite residents to share their experience. Did they enjoy the activity? Were there any challenges? How did they resolve these?

Thank residents for participating and invite them to come back tomorrow.

Adaptations/Modificiations





Cognitive Impairment: None to Mild

- Encourage them to form words/sentences/phrases with the collage materials
- Invite them to get creative by incorporating images that form a particular letter into their collage (e.g., individual with arms raised may look like a "v," a donut may look like an "o," etc.)



Cognitive Impairment: Moderate

- Place pre-cut letters in small amounts in front of resident.
- Select a small number (2-3) of letters and place in front of resident to put in correct order.
- Use a cookie sheet and magnetic letters (limit to 3-4 letters) and have resident place in order.